

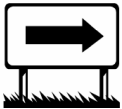


The Okanagan Valley & Rocky Mountains Tour

Start & Finish: Vancouver
 Duration: 10-20
 Distance: 1800 km


Located in southern British Columbia, the Okanagan Valley is one of the warmest regions in all of Canada. During the summer months, visitors are offered countless sandy beaches, hot sun, and a variety of outdoor and water activities. Okanagan Lake provides the valley not only with excellent swimming, but is also a spectacular backdrop to the golf courses and wineries located in the rolling hills of the valley. The Okanagan is considered a premiere wine valley and a tour of the local wineries is a must for anyone visiting the region.

The Kootenay Rockies, British Columbia’s unique, mountain oriented vacation region, is situated in the southeastern corner of the province. The region includes five different, spectacular mountain ranges, including the Canadian Rockies, which create breathtaking mountain- and river valleys, each with their own character and each offering an incredible variety of unequalled recreational and getaway opportunities. Visitors to the Kootenay Rockies region will truly experience the mountains of Canada – not just view the peaks from a distance. Vacations include clean, natural, un-crowded outdoor activities and experiences that reflect the lifestyle, the culture and the community of Canada’s West. Come discover why we are known as ‘British Columbia’s Mountain Playground’.




Your trip begins here:

Harrison Hot Springs	
<ul style="list-style-type: none"> 6km north of Harrison Hot Springs along Highway 7 	
Sasquatch Provincial Park <ul style="list-style-type: none"> Reservable Campsites (www.discovercamping.ca) Open all year 	Points of Interest & Activities: <ul style="list-style-type: none"> Town of Harrison Hot Springs Town of Kent Boat / Canoe Rentals
Manning Provincial Park	
<ul style="list-style-type: none"> 40km east of Hope along Highway 3 	
Cold Spring Campground Hampton Campground Mule Deer Campground Lightning Lake Campground <ul style="list-style-type: none"> Reservable Campsites (www.discovercamping.ca) Closed during off season 	Points of Interest & Activities: <ul style="list-style-type: none"> Hiking, canoeing, kayaking, horseback riding, swimming, and a variety of other recreational activities.

	Possible Detour: Tulameen	
	<ul style="list-style-type: none"> ▪ 33 km northwest of Princeton off Hwy 5A 	
	Otter Lake Campground <ul style="list-style-type: none"> ▪ Reservable Campsites (www.discovercamping.ca) ▪ Closed during off season 	Points of Interest & Activities: <ul style="list-style-type: none"> ▪ Kettle Valley Railway ▪ Hiking, canoeing, swimming, and a variety of other recreational activities.

Osoyoos		
<ul style="list-style-type: none"> ▪ Located 2km South of Osoyoos off Hwy 97 		
	Hayes Point Provincial Campground <ul style="list-style-type: none"> ▪ Reservable Campsites (www.discovercamping.ca) ▪ Open April - October 	Points of Interest & Activities: <ul style="list-style-type: none"> ▪ Hiking, canoeing, kayaking, water-skiing, swimming, and a variety of other recreational activities. ▪ Spotted Lake

 The east side of Osoyoos Lake is home to a sand desert that extends 48 kilometers north to Skaha Lake, and forms Canada's only "pocket desert." The climate and terrain here is similar to Spain's, leading to the adoption of Spanish building styles. The town's name comes from the native word for "narrowing of the waters" because of its location at a narrowing of Osoyoos Lake. The town has 19 kilometers of sandy beach lining one of Canada's warmest freshwater lakes.

Gladstone Provincial Park & Christina Lake		
<ul style="list-style-type: none"> ▪ Approximately 20 km northeast of Grand Forks on Hwy 3 		
	Texas Creek Campground <ul style="list-style-type: none"> ▪ Reservable Campsites (www.discovercamping.ca) ▪ Open April – October 	Points of Interest & Activities: <ul style="list-style-type: none"> ▪ Hiking, canoeing, kayaking, water-skiing, horseback riding swimming, and a variety of other recreational activities. ▪ Trans Canada Trail

Nelson		
<ul style="list-style-type: none"> ▪ On Hwy 3A, 19 km east of Nelson 		
	Sandspit & Redfish Provincial Campgrounds <ul style="list-style-type: none"> ▪ Reservable Campsites (www.discovercamping.ca) ▪ Open May – September 	Points of Interest & Activities: <ul style="list-style-type: none"> ▪ Hiking, canoeing, kayaking, water-skiing, horseback riding swimming, and a variety of recreational activities. ▪ Town of Nelson ▪ Ainsworth Hot Springs



Stop by the Columbia Brewery in Creston, B.C., where Kokanee Beer is brewed in the shadow of the Kokanee Glacier. It's a small mountain brewery that offers tours of the brewery during the summer months. For more information, check out www.kokaneebeer.com.

Kokanee – it's the beer out here!

Cranbrook	
<ul style="list-style-type: none"> ▪ On Hwy 3A 	
<p>Moyie Lake Provincial Campground</p> <ul style="list-style-type: none"> ▪ 20km south of Cranbrook ▪ Reservable Campsites (www.discovercamping.ca) ▪ Open May – September <p>Wasa Lake Provincial Campground</p> <ul style="list-style-type: none"> ▪ 40km north of Cranbrook ▪ Reservable Campsites (www.discovercamping.ca) ▪ Open May – September 	<p>Points of Interest & Activities:</p> <ul style="list-style-type: none"> ▪ Hiking, canoeing, kayaking, horseback riding swimming, and a variety of recreational activities. ▪ Town of Kimberly ▪ Fort Steele Heritage Park ▪ Ghost Towns: Lumberton, Bull River, Fisherville


Banff & Area	
<ul style="list-style-type: none"> ▪ On Hwy 1 	
<p>Tunnel Mountain Campground</p> <ul style="list-style-type: none"> ▪ 2.4 km from Banff ▪ No reservations available; first come, first serve. ▪ Open May – October <p>2 Jack Main Campground</p> <ul style="list-style-type: none"> ▪ 12 km from Banff ▪ No reservations available; first come, first serve. ▪ Open May – September <p>2 Jack Lakeside Campground</p> <ul style="list-style-type: none"> ▪ 12 km from Banff ▪ No reservations available; first come, first serve. ▪ Open May – September <p>Castle Mountain Campground</p> <ul style="list-style-type: none"> ▪ 34 km from Banff ▪ No reservations available; first come, first serve. ▪ Open May – September 	<p>Points of Interest & Activities:</p> <ul style="list-style-type: none"> ▪ Town of Banff ▪ Sulfur Mountain ▪ Bow Falls ▪ Banff Park Museum ▪ A variety of recreational activities

Banff & Area, Continued	
<p>Protection Mountain Campground</p> <ul style="list-style-type: none"> ▪ 48 km from Banff ▪ No reservations available; first come, first serve. ▪ Open June – September <p>Johnston’s Canyon Campground</p> <ul style="list-style-type: none"> ▪ 25 km from Banff ▪ No reservations available; first come, first serve. ▪ Open June – September 	

Lake Louise	
<ul style="list-style-type: none"> ▪ On Hwy 1 	
<p>Lake Louise Campground</p> <ul style="list-style-type: none"> ▪ No reservations available ▪ Open all year 	<p>Points of Interest & Activities:</p> <ul style="list-style-type: none"> ▪ Chateau Lake Louise ▪ Hiking, canoeing, kayaking, horseback riding, swimming, and a variety of recreational activities.

Golden	
<ul style="list-style-type: none"> ▪ On Hwy 1 	
<p>Golden Municipal Campground</p> <ul style="list-style-type: none"> ▪ Open May – October <p>Whispering Spruce RV Park & Campground</p> <ul style="list-style-type: none"> ▪ Open April - October 	<p>Points of Interest & Activities:</p> <ul style="list-style-type: none"> ▪ River rafting ▪ Hang gliding ▪ Horseback riding ▪ Wildlife watching ▪ Hiking, canoeing, kayaking, swimming, and a variety of recreational activities.

Salmon Arm	
<ul style="list-style-type: none"> ▪ Off Hwy 1 	
<p>Shushwap Lake Provincial Park</p> <ul style="list-style-type: none"> ▪ Reservable Campsites (www.discovercamping.ca) ▪ Open May – September 	<p>Points of Interest & Activities:</p> <ul style="list-style-type: none"> ▪ Golf ▪ Waterslides ▪ Canoeing, Kayaking, House-boating, swimming, a variety of water sports & other recreational activities.

	Possible Detour: to Vancouver via Kamloops, Lillooet, Whistler	
	<ul style="list-style-type: none"> ▪ Follow Hwy 1 then Hwy 99 <p>Lillooet:</p> <ul style="list-style-type: none"> ▪ Cayoosh Creek Campground ▪ Fraser Cove Campground <p>Pemberton:</p> <ul style="list-style-type: none"> ▪ Nairn Falls Provincial Campground <p>Whistler:</p> <ul style="list-style-type: none"> ▪ Brandywine Provincial Campground <p>Squamish:</p> <ul style="list-style-type: none"> ▪ Alice Lake Provincial Campground ▪ Stawamus Chief Provincial Park ▪ Porteau Cove Provincial park <p>See Vancouver Coast & Mountains Tour for more detailed information.</p>	<p>Points of Interest & Activities:</p> <ul style="list-style-type: none"> ▪ Hat Creek Ranch ▪ Town of Lillooet ▪ Town of Whistler ▪ Joffre Lakes ▪ Hiking, swimming and a variety of other recreational activities.

Kelowna		
<ul style="list-style-type: none"> ▪ On Hwy 97 		
<p>Beaver Lake Mountain Resort</p> <ul style="list-style-type: none"> ▪ 15km east of Hwy 97 ▪ Reservations: 250.762.2225 or (www.beaverlakeresort.com) ▪ Open May – October <p>Bear Creek Provincial Park</p> <ul style="list-style-type: none"> ▪ 9km off Hwy 97, west of Kelowna ▪ Reservable Campsites: (www.discovercamping.ca) ▪ Open April – October 	<p>Points of Interest & Attractions</p> <ul style="list-style-type: none"> ▪ Golf ▪ Wineries ▪ Water sports ▪ Hiking, biking, horseback riding and a variety of other recreational activities. ▪ SS Sicamous, historic Site 	

Summerland & Peachland		
<ul style="list-style-type: none"> ▪ On Hwy 97 		
<p>Okanagan Lake Provincial Park</p> <ul style="list-style-type: none"> ▪ Reservable Campsites: (www.discovercamping.ca) ▪ Open April - October 	<p>Points of Interest & Activities:</p> <ul style="list-style-type: none"> ▪ Golf ▪ Horseback riding ▪ Wildlife watching ▪ Hiking, canoeing, kayaking, swimming and a variety of other recreational activities. 	

Manning Provincial Park

See Information Page 1.

Coquitlam

- Located along Highway 99

<p>Capilano RV Park (under the Lion's Gate Bridge)</p> <ul style="list-style-type: none"> ▪ Reservable Sites 604.987.4722 or (www.capilanorvpark.com) ▪ Open all year <p>★Burnaby Cariboo RV Park</p> <ul style="list-style-type: none"> ▪ Reservable Sites 1-800-667-9901 or (www.bcrv.com) ▪ Open all year 	<p>Points of Interest & Activities:</p> <ul style="list-style-type: none"> ▪ Grouse Mountain ▪ Capilano Suspension Bridge ▪ Lynn Canyon ▪ Deep Cove ▪ Downtown Vancouver
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★ Campground is highly recommended by Go West guests.

Welcome back to Go West!